

# **Submission Guidelines for the *Academic Athletic Journal***

## **Audience**

The primary audience of the *Academic Athletic Journal* is the membership of the N4A, that is, professionals providing counseling, life skills, and academic support services to student-athletes.

## **Purpose**

The primary purpose of the journal is to assist its readers in providing the best possible counseling, advising, and life skills services to student-athletes. Toward that end, articles should add new knowledge, challenge existing opinion, and/or explain the implications of research. The arguments should be well grounded in theory or research and clearly related to practice. Articles should be original and stimulating, written in a clear and concise style. Where applicable, authors should strive for methodological and statistical soundness, while avoiding unnecessary technical excursions.

## **Subject Matter**

Relevant topics include, but are not limited to the following: historical overviews of topics related to student-athletes; reviews of publications related to student-athletes; practical applications of theoretical or research-based conclusions; research on student-athletes and on professionals working in support service capacities, including a full discussion of results and implications.

Do not submit a manuscript that has been previously published, is scheduled for publication elsewhere, or is being considered for publication elsewhere.

## **Review Process**

All manuscripts will be reviewed through the blind review process and by at least three members of the editorial review board. Their comments will be sent to the authors along with recommendations for acceptance, rejection, or revision.

## **Manuscript Format and Style Guidelines**

Manuscripts should be prepared utilizing the format and style described in the fifth edition of the American Psychological Association *Publication Manual*. Articles should be 1250-5000 words in length (i.e., roughly 5-20 pages of typed, double-spaced text) with ample margins for comments. Amplify the text with appropriate headings and subheadings, figures, and reference citations. The references and all figures and tables should be typed on separate pages in accordance with the APA *Publication Manual*. Submissions that deviate substantially from *Publication Manual* format will be returned to the authors. Authors should avoid sexist language at all times and terms such as *subject* when describing research participants.

Manuscripts must include the following:

- (1) A separate title page with the names and institutional affiliations of the authors.
- (2) An abstract of 75-150 words that briefly summarizes the major points of the paper. The abstract should be typed on a separate page and appear after the title page.
- (3) A brief biographical sketch for each author. Sketches may be combined on one page, but must appear on a page separate from manuscript text.
- (4) A cover letter briefly describing the nature of the manuscript. Include relevant telephone and fax numbers, and electronic mail addresses.

Submit the original manuscript and four copies to:

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Upon final acceptance of the manuscript for publication, authors should provide a copy of the final draft and the electronic version of the manuscript on computer diskette, formatted for IBM (compatible), in MS Word 5.0 or better. Please do not submit diskettes prior to final acceptance.